

Menu Calendar Report - October, 2019

Meal Type: Breakfast
Menu Line: Pre-K

Monday	Tuesday	Wednesday	Thursday	Friday
30 Sep	1 Oct	2 Oct	3 Oct	4 Oct
BLUEBERRY MUFFIN (51.00 g) APPLE GRINS (8.00 g) 1% MILK (13.00 g) SKIM MILK (13.00 g)	EGGO CINNAMON MINI WAFFLES (35.00 g) GRAPE GIGGLES (10.00 g) 1% MILK (13.00 g) SKIM MILK (13.00 g)	MINI CINNI BUNS (40.00 g) ORANGE SMILES (9.00 g) 1% MILK (13.00 g) SKIM MILK (13.00 g)	COCOA PUFFS BAR (43.00 g) APPLE SAUCE CUP (15.00 g) 1% MILK (13.00 g) SKIM MILK (13.00 g)	BEEF SAUSAGE ON A BUN (20.00 g) APPLE GRINS (8.00 g) GRAPE GIGGLES (10.00 g) 1% MILK (13.00 g) SKIM MILK (13.00 g)
7 Oct	8 Oct	9 Oct	10 Oct	11 Oct
14 Oct	15 Oct	16 Oct	17 Oct	18 Oct
CINNAMON ROLL W/DRIZZLE ICING (33.00 g) APPLE GRINS (8.00 g) 1% MILK (13.00 g) SKIM MILK (13.00 g)	BREAKFAST PIZZA (21.00 g) GRAPE GIGGLES (10.00 g) 1% MILK (13.00 g) SKIM MILK (13.00 g)	APPLE JAMMER STICK (50.00 g) ORANGE SMILES (9.00 g) 1% MILK (13.00 g) SKIM MILK (13.00 g)	LEMON BREAD SLICE (44.00 g) APPLE SAUCE CUP (15.00 g) 1% MILK (13.00 g) SKIM MILK (13.00 g)	CHICKEN PATTY ON /WG BISCUIT (32.00 g) APPLE GRINS (8.00 g) GRAPE GIGGLES (10.00 g) 1% MILK (13.00 g) SKIM MILK (13.00 g)
21 Oct	22 Oct	23 Oct	24 Oct	25 Oct
CINNAMON TOAST CRUNCH (22.00 g) STRING CHEESE APPLE GRINS (8.00 g) 1% MILK (13.00 g) SKIM MILK (13.00 g)	YOGURT WITH GRAHAM CRACKERS (41.00 g) GRAPE GIGGLES (10.00 g) 1% MILK (13.00 g) SKIM MILK (13.00 g)	EGGO CONFETTI MINI PANCAKES (36.00 g) ORANGE SMILES (9.00 g) 1% MILK (13.00 g) SKIM MILK (13.00 g)	BREAKFAST SLIDERS (21.00 g) APPLE SAUCE CUP (15.00 g) 1% MILK (13.00 g) SKIM MILK (13.00 g)	PEACH COBBLER BISCUIT (31.00 g) APPLE GRINS (8.00 g) GRAPE GIGGLES (10.00 g) 1% MILK (13.00 g) SKIM MILK (13.00 g)
28 Oct	29 Oct	30 Oct	31 Oct	1 Nov
BLUEBERRY MUFFIN (51.00 g) APPLE GRINS (8.00 g) 1% MILK (13.00 g) SKIM MILK (13.00 g)	EGGO CINNAMON MINI WAFFLES (35.00 g) GRAPE GIGGLES (10.00 g) 1% MILK (13.00 g) SKIM MILK (13.00 g)	MINI CINNI BUNS (40.00 g) ORANGE SMILES (9.00 g) 1% MILK (13.00 g) SKIM MILK (13.00 g)	COCOA PUFFS BAR (43.00 g) APPLE SAUCE CUP (15.00 g) 1% MILK (13.00 g) SKIM MILK (13.00 g)	

Carbohydrate values in grams follow the Menu Item name

Menu Calendar Report - October, 2019

Meal Type: Breakfast
Menu Line: Regular

Monday	Tuesday	Wednesday	Thursday	Friday
30 Sep	1 Oct	2 Oct	3 Oct	4 Oct
BLUEBERRY MUFFIN (51.00 g) APPLE GRINS (8.00 g) ORANGE TANGERINE JUICE (15.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g)	EGGO CINNAMON MINI WAFFLES (35.00 g) GRAPE GIGGLES (10.00 g) STRAWBERRY KIWI JUICE (15.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g)	MINI CINNI BUNS (40.00 g) ORANGE SMILES (9.00 g) APPLE JUICE (14.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g)	COCOA PUFFS BAR (43.00 g) APPLE SAUCE CUP (15.00 g) WHITE GRAPE JUICE (20.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g)	BEEF SAUSAGE ON A BUN (20.00 g) APPLE GRINS (8.00 g) GRAPE GIGGLES (10.00 g) BRILLIANT BURST JUICE (14.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g)
7 Oct	8 Oct	9 Oct	10 Oct	11 Oct
14 Oct	15 Oct	16 Oct	17 Oct	18 Oct
CINNAMON ROLL W/DRIZZLE ICING (33.00 g) APPLE GRINS (8.00 g) ORANGE TANGERINE JUICE (15.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g)	BREAKFAST PIZZA (21.00 g) GRAPE GIGGLES (10.00 g) STRAWBERRY KIWI JUICE (15.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g)	APPLE JAMMER STICK (50.00 g) ORANGE SMILES (9.00 g) APPLE JUICE (14.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g)	LEMON BREAD SLICE (44.00 g) APPLE SAUCE CUP (15.00 g) WHITE GRAPE JUICE (20.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g)	CHICKEN PATTY ON /WG BISCUIT (32.00 g) APPLE GRINS (8.00 g) GRAPE GIGGLES (10.00 g) BRILLIANT BURST JUICE (14.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g)
21 Oct	22 Oct	23 Oct	24 Oct	25 Oct
CINNAMON TOAST CRUNCH (22.00 g) STRING CHEESE APPLE GRINS (8.00 g) ORANGE TANGERINE JUICE (15.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g)	YOGURT WITH GRAHAM CRACKERS (41.00 g) GRAPE GIGGLES (10.00 g) STRAWBERRY KIWI JUICE (15.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g)	EGGO CONFETTI MINI PANCAKES (36.00 g) ORANGE SMILES (9.00 g) APPLE JUICE (14.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g)	BREAKFAST SLIDERS (21.00 g) APPLE SAUCE CUP (15.00 g) WHITE GRAPE JUICE (20.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g)	PEACH COBBLER BISCUIT (31.00 g) APPLE GRINS (8.00 g) GRAPE GIGGLES (10.00 g) BRILLIANT BURST JUICE (14.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g)
28 Oct	29 Oct	30 Oct	31 Oct	1 Nov
BLUEBERRY MUFFIN (51.00 g) APPLE GRINS (8.00 g) ORANGE TANGERINE JUICE (15.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g)	EGGO CINNAMON MINI WAFFLES (35.00 g) GRAPE GIGGLES (10.00 g) STRAWBERRY KIWI JUICE (15.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g)	MINI CINNI BUNS (40.00 g) ORANGE SMILES (9.00 g) APPLE JUICE (14.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g)	COCOA PUFFS BAR (43.00 g) APPLE SAUCE CUP (15.00 g) WHITE GRAPE JUICE (20.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g)	

Carbohydrate values in grams follow the Menu Item name

Menu Calendar Report - October, 2019

Meal Type: Lunch
Menu Line: Regular

Monday	Tuesday	Wednesday	Thursday	Friday
30 Sep	1 Oct	2 Oct	3 Oct	4 Oct
HOMESTYLE BREADED CHICKEN PATTY (14.00 g) STEAK FRITTER SLIDERS (48.00 g) ULTRA BURGER BUN (29.00 g) GLAZED CARROTS (11.42 g) SEASONED WHITE BEANS (33.90 g) GOLD DELICIOUS (22.40 g) STRAWBERRY FRUIT PEARLS (9.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g) SKIM MILK (13.00 g) KETCHUP (3.00 g) MAYONNAISE	GRILLED CHEESE (31.09 g) HAM & CHEESE HOAGIE (37.33 g) SEASONED PINTO BEANS (25.64 g) TOMATO SOUP (14.63 g) APPLE SAUCE (14.00 g) DICED FROZEN PEACHES (19.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g) SKIM MILK (13.00 g) KETCHUP (3.00 g) MAYONNAISE MUSTARD PACKETS	4 CHEESE TORTELLINI W/SAUCE (28.12 g) SPAGHETTI WITH MEATBALLS (42.51 g) WHOLE GRAIN GARLIC BREADSTICK (17.00 g) ITALIAN SLICED CARROTS (8.71 g) ROASTED BROCCOLI (4.34 g) BANANA (29.00 g) DICED PEARS (16.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g) SKIM MILK (13.00 g)	CHEESEBURGER (1.00 g) MINI CORN DOGS (30.00 g) ROASTED CAULIFLOWER (4.66 g) SEASONED GREEN BEANS (6.39 g) SLICED PEACHES (17.00 g) VALENCIA ORANGE (21.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g) SKIM MILK (13.00 g) KETCHUP (3.00 g) MUSTARD PACKETS	FISH STRIPS (15.00 g) THICK CRUST CHEESE PIZZA (34.00 g) HUSHPUPPIES (17.00 g) EMOJI FRIES (20.00 g) SIDE SALAD (3.98 g) BLUE RASPBERRY & CHERRY SWIRL SLUSHY (18.00 g) ORANGE PINEAPPLE & CHERRY SWIRL SLUSHY (19.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g) SKIM MILK (13.00 g) FAT FREE RANCH DRESSING (0.56 g) KETCHUP (3.00 g) TARTAR SAUCE (2.00 g)
7 Oct	8 Oct	9 Oct	10 Oct	11 Oct
14 Oct	15 Oct	16 Oct	17 Oct	18 Oct
CHICKEN RING THING (20.00 g) FLAME BROILED SALISBURY STEAK W/GRAVY (2.39 g) WHEAT DINNER ROLL (22.00 g) BUTTERED GREEN PEAS & CARROTS (12.01 g) RANCH POTATOES (14.22 g) GOLD DELICIOUS (22.40 g) STRAWBERRY FRUIT PEARLS (9.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g) SKIM MILK (13.00 g) BBQ SAUCE CUP (7.00 g) KETCHUP (3.00 g)	BEEF RIB PATTIE W/BBQ SAUCE (1.69 g) CORN DOG (30.00 g) ULTRA BURGER BUN (29.00 g) SEASONED GREEN BEANS (6.39 g) STEAMED BUTTERED CORN (23.88 g) APPLE SAUCE (14.00 g) DICED FROZEN PEACHES (19.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g) SKIM MILK (13.00 g) KETCHUP (3.00 g) MUSTARD PACKETS	CREAMY MAC & CHEESE (26.17 g) STEAK FINGERS W/GRAVY (19.36 g) ROASTED CAULIFLOWER (4.66 g) ROASTED ZUCCHINI (4.88 g) BANANA (29.00 g) DICED PEARS (16.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g) SKIM MILK (13.00 g) KETCHUP (3.00 g)	CHICKEN & WAFFLE BOWL (48.41 g) HAM & CHEESE HOAGIE (37.33 g) WHEAT DINNER ROLL (22.00 g) BROCCOLI AND CHEESE (5.42 g) SMASHED POTATOES (15.00 g) DICED FROZEN PEACHES (19.00 g) SLICED PEACHES (17.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g) SKIM MILK (13.00 g) KETCHUP (3.00 g)	CHICKEN & CHEESE QUESADILLA (38.00 g) PIZZABOLI (34.00 g) CARROT FRIES (5.77 g) MARINARA SAUCE CUP (8.00 g) SIDE SALAD (3.98 g) BLUE RASPBERRY & CHERRY SWIRL SLUSHY (18.00 g) ORANGE PINEAPPLE & CHERRY SWIRL SLUSHY (19.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g) SKIM MILK (13.00 g) FAT FREE RANCH DRESSING (0.56 g)
21 Oct	22 Oct	23 Oct	24 Oct	25 Oct
FLAME BROILED BEEF PATTY ROASTED HOT DOG (1.00 g) ULTRA BURGER BUN (29.00 g) WHOLE GRAIN HOT DOG BUN (28.00 g) BUTTERED CORN ON THE COB (13.02 g) ROSEMARY ROASTED POTATOES (20.00 g) GOLD DELICIOUS (22.40 g) STRAWBERRY FRUIT PEARLS (9.00 g)	SWEET & SOUR CHICKEN BOWL (49.38 g) TERIYAKI BEEF BOWL (44.63 g) GARLIC BROCCOLI (5.14 g) VEGETABLE EGG ROLL (22.00 g) APPLE SAUCE (14.00 g) DICED FROZEN PEACHES (19.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g)	BEEF NACHOS (24.48 g) CHICKEN FAJITA (14.99 g) LETTUCE AND TOMATO CUP (2.90 g) MEXICALI CORN (24.62 g) TACO FIESTA BLACK BEANS (20.00 g) BANANA (29.00 g) DICED PEARS (16.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g)	BREADED CHICKEN DRUMSTICK (8.00 g) CHEESEBURGER MEATLOAF W/KETCHUP (8.00 g) WHEAT DINNER ROLL (22.00 g) SEASONED GREEN BEANS (6.39 g) SMASHED POTATOES (15.00 g) SLICED PEACHES (17.00 g) VALENCIA ORANGE (21.00 g) 1% MILK (13.00 g)	CHEESE BREADED RAVIOLI (29.02 g) GARLIC CHEESE FRENCH BREAD (29.00 g) CALIFORNIA BLEND VEGETABLES (4.04 g) MARINARA SAUCE CUP (8.00 g) SIDE SALAD (3.98 g) BLUE RASPBERRY & CHERRY SWIRL SLUSHY (18.00 g) ORANGE PINEAPPLE & CHERRY SWIRL SLUSHY (19.00 g)

21 Oct	22 Oct	23 Oct	24 Oct	25 Oct
1% MILK (13.00 g) CHOCOLATE MILK (20.00 g) SKIM MILK (13.00 g) KETCHUP (3.00 g) MUSTARD PACKETS	SKIM MILK (13.00 g) SOY SAUCE	SKIM MILK (13.00 g) KETCHUP (3.00 g) SHREDDED CHEDDAR CHEESE CUP (1.00 g) TACO SAUCE (1.00 g)	CHOCOLATE MILK (20.00 g) SKIM MILK (13.00 g)	1% MILK (13.00 g) CHOCOLATE MILK (20.00 g) SKIM MILK (13.00 g) FAT FREE RANCH DRESSING (0.56 g)
28 Oct	29 Oct	30 Oct	31 Oct	1 Nov
HOMESTYLE BREADED CHICKEN PATTY (14.00 g) STEAK FRITTER SLIDERS (48.00 g) ULTRA BURGER BUN (29.00 g) GLAZED CARROTS (11.42 g) SEASONED WHITE BEANS (33.90 g) GOLD DELICIOUS (22.40 g) STRAWBERRY FRUIT PEARLS (9.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g) SKIM MILK (13.00 g) KETCHUP (3.00 g) MAYONNAISE	GRILLED CHEESE (31.09 g) HAM & CHEESE HOAGIE (37.33 g) SEASONED PINTO BEANS (25.64 g) TOMATO SOUP (14.63 g) APPLE SAUCE (14.00 g) DICED FROZEN PEACHES (19.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g) SKIM MILK (13.00 g) KETCHUP (3.00 g) MAYONNAISE MUSTARD PACKETS	4 CHEESE TORTELLINI W/SAUCE (28.12 g) SPAGHETTI WITH MEATBALLS (42.51 g) WHOLE GRAIN GARLIC BREADSTICK (17.00 g) ITALIAN SLICED CARROTS (8.71 g) ROASTED BROCCOLI (4.34 g) BANANA (29.00 g) DICED PEARS (16.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g) SKIM MILK (13.00 g)	CHEESEBURGER (1.00 g) MINI CORN DOGS (30.00 g) ROASTED CAULIFLOWER (4.66 g) SEASONED GREEN BEANS (6.39 g) SLICED PEACHES (17.00 g) VALENCIA ORANGE (21.00 g) 1% MILK (13.00 g) CHOCOLATE MILK (20.00 g) SKIM MILK (13.00 g) KETCHUP (3.00 g) MUSTARD PACKETS	

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